



Early Childhood Wellness Project

Description

The *Early Childhood Wellness Project* – Focuses on engaging child care providers to participate in technical assistance consultations, professional development and parent engagement activities focused on promoting wellness in child care settings.

Early Childhood Wellness Project works on four areas:

- **Health:** Includes activities around health education and health promotion resources, referrals to developmental screenings, immunization services, and dental and vision screenings/services.
- **Safety:** Related to children's safety which includes reducing barriers to physical activity and reducing environmental toxins that impact children's health, thus eliminating hazards and addressing safety concerns of child care providers and parents.
- **Physical Activity:** Promoting limits on "screen time", increased physical activity (moderate to vigorous) in daily child care routines, increased outdoor play and a stronger connection with nature.
- **Nutrition education:** Support to breastfeeding mothers in child care settings and referrals to nutrition services, such as the Child and Adult Care Food Program (CACFP) and the Expanded Food and Nutrition Education Program (EFNEP).

Delivering Services – A highlight of who does what?

Child Care Aware® of Kansas:

- Provides oversight and management of Outcomes
- Synopsizes and reports data to funders
- Provides training and technical assistance to CCR&R Infant/Toddler Specialist
- Administers grant and stipend components of the Early Childhood Wellness Project

CCR&Rs:

- Hire and supervise CCR&R Infant/Toddler Specialist
- Recruit Early Childhood Wellness Project participants
- Deliver technical assistance to Early Childhood Wellness Project participants and child care providers in SDA
- Report outcome data to Child Care Aware® of Kansas