REGION ONE

Colby - 1255 S. Range,
Community College Library
Garden City - 502 N. 7th St, Ste B2
Hays - 1010 Downing, Ste 50
Salina - 1508 E. Iron

Phone: Toll free 1-855-750-3343
Website: www.ks.childcareaware.org/one

Counties Served: Barber, Barton, Cheyenne,
Clark, Clay, Cloud, Comanche, Decatur,
Dickinson, Edwards, Ellis, Ellsworth, Finney,
Ford, Gove, Graham, Grant, Gray, Greeley,
Hamilton, Harper, Haskell, Hodgeman, Jewell,
Kingman, Kiowa, Lane, Lincoln, Logan,
Marion, McPherson, Meade, Mitchell, Morton,
Ness, Norton, Osborne, Ottawa, Pawnee,
Phillips, Pratt, Rawlins, Reno, Republic, Rice,
Rooks, Russell, Saline, Scott, Sedgwick,
Sherman, Sherman, Smith, Stafford, Stanton,
Stevens, Thomas, Trego, Wallace, Washington,
Wichita

Profile and Vacancy Winners

The providers below won a Wal-Mart gift card for updating their profiles or vacancies:

Annette Martinez - Salina
Terria Ashby - Ulysses
Pamela Webring - Goodland
Rene Fisher - Hays
Afton Snider - Abilene

Make sure to update your profile and vacancies to be entered in to win a Wal-Mart giftcard. Call us at 855-750-3343!

Meet Our Staff

Heidi Dreiling is an Infant/Toddler Specialist in the Hays office. During her 11 years in early childhood, she has been a Toddler Teacher for the Hays Area Children’s Center and a Home Visitor for the Parents as Teachers/Early Head Start program in Hays. Heidi graduated from Fort Hays State University with a Bachelor’s degree in Speech-Language Pathology. In her spare time she enjoys spending time with her husband and three boys.
Make a Splash!

Water play is attractive and appealing to children of all ages. Creating an environment where children are free to explore with water is challenging; however, the benefits of water play are huge. Water play challenges children in each dimension of development while offering a unique sensory experience.

Water play enhances fine motor development through the dumping, pouring, scooping and squeezing processes. Adding small cups, spoons, ladles, turkey basters, eye droppers, sponges and wash clothes to water play allows children to have the opportunity to practice their fine motor skills.

Challenge large motor development through carrying, lifting and large scale pouring of water. Set up an environment where children can fill, carry and dump water. Children will increase their core muscle strength through lifting buckets and pails of water.

Squirting, splashing and pooling are descriptive words that are unique to water play. Language is increased through describing the water experience with the children. Talk to children as they explore the water using various tools and toys; describe what they are seeing, hearing and feeling.

Water play is science and math! Children can experiment with sink and float; measurements and “what-if” scenarios. Ask how, why and wonder questions to provoke descriptive words and thoughts to extend the learning.

Successful water play is possible with all age groups.

Preparation: have your materials stored near where you are doing the water play; set up the water play buckets and toys ahead of time to transition with safe supervision.

Expectations: Children will become wet during water play; it is part of the experience. As children become older and more in control of their motor movements the mess will become less.

Make it Manageable: Smaller containers for children with less water are more manageable if you have younger children. One large tub or table works well for toddlers and preschoolers.

Actively Supervise: When children are experiencing water play they must be closely supervised. Make the most of this time by asking questions, extending their play with new tools or demonstrating how to play with water.

Water play is a fun, interactive time for children of all ages!

CALL 1-855-750-3343 FOR MORE INFORMATION AND TO SCHEDULE YOUR FIELD TRIP TODAY!
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Title</th>
<th>Trainer</th>
<th>Hours</th>
<th>Pre-Registration Cost</th>
<th>Day of Training Cost</th>
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<tbody>
<tr>
<td>7/7/15</td>
<td>6:30 PM</td>
<td>Salina - Child Care Aware Office, 1508 E. Iron</td>
<td>Mealtime Mayhem: Moving from Madness to Enjoyment</td>
<td>Sherron French</td>
<td>2</td>
<td>$10</td>
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<tr>
<td>7/9/15</td>
<td>6:30 PM</td>
<td>Dodge City- TBA</td>
<td>Protect My Smile: Arming Providers in the Battle Against Early Childhood Tooth Decay *FREE to Ford County Providers</td>
<td>April Bonilla</td>
<td>2</td>
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<tr>
<td>7/11/15</td>
<td>9:00 AM</td>
<td>Garden City - 502 N 7th</td>
<td>Socialization &amp; Guidance: Caregiver's Practice</td>
<td>April Bonilla</td>
<td>2</td>
<td>$10</td>
<td>$15</td>
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<tr>
<td>7/11/15</td>
<td>9:00 AM</td>
<td>Garden City - 502 N 7th</td>
<td>Listening and Responding to Families Needs</td>
<td>Debb Homman</td>
<td>2</td>
<td>$10</td>
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<tr>
<td>7/18/15</td>
<td>9:30 AM</td>
<td>Hutchinson - TBA</td>
<td>Safe Slumber: Creating a Safe Sleep Environment</td>
<td>Rachel Jury</td>
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<td>12:30 PM</td>
<td>Hutchinson - TBA</td>
<td>Child Abuse and Neglect with Abusive Head Trauma</td>
<td>Rachel Jury</td>
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<td>7/18/15</td>
<td>2:45 PM</td>
<td>Hutchinson - TBA</td>
<td>Basic Child Development</td>
<td>Rachel Jury</td>
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<tr>
<td>7/20/15</td>
<td>6:30 PM</td>
<td>Hays - Child Care Aware Office, 1010 Downing Ave.</td>
<td>The Creative Curriculum for Infants, Toddler, &amp; Twos: Exploring Sand and Water</td>
<td>Heidi Dreiling</td>
<td>2</td>
<td>$10</td>
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<tr>
<td>7/23/15</td>
<td>6:30 PM</td>
<td>Salina - Child Care Aware Office, 1508 E. Iron</td>
<td>Flexible, Fearful and Feisty</td>
<td>April Bonilla</td>
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<tr>
<td>7/23/15</td>
<td>7:00 PM</td>
<td>Colby - Colby CCC 1255 S. Range Rm 253</td>
<td>Literacy Through the Day: Print in the Environment</td>
<td>Michele Brungardt and Tanya Koehn</td>
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<tr>
<td>7/28/15</td>
<td>6:30 PM</td>
<td>Wakeeney - TBA</td>
<td>Navigating Development: Zero to Five</td>
<td>Brett Schmidt</td>
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<td>7/28/15</td>
<td>6:30 PM</td>
<td>Clifton- Faith United Church Presbyterian  200 West St</td>
<td>The Creative Curriculum for Preschool: Block Play</td>
<td>Debb Homman</td>
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<tr>
<td>7/28/15</td>
<td>6:30 PM</td>
<td>Salina - Child Care Aware Office, 1508 E. Iron</td>
<td>The Creative Curriculum for Infants, Toddlers, and Twos: Going Outdoors</td>
<td>Sherron French</td>
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<td>$10</td>
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<td>8/4/15</td>
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<td>Salina - Child Care Aware Office, 1508 E. Iron</td>
<td>Facilitating Learning: The Role of the Caregiver and Caregiver Responsiveness</td>
<td>April Bonilla</td>
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<td>8/6/15</td>
<td>6:30 PM</td>
<td>Garden City - 502 N 7th</td>
<td>The Creative Curriculum for Preschool: Cooking</td>
<td>Sherron French</td>
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<td>8/6/15</td>
<td>6:30 PM</td>
<td>Garden City - 502 N 7th</td>
<td>Involving Families</td>
<td>Debb Homman</td>
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<td>8/10/15</td>
<td>6:30 PM</td>
<td>Russell - 189 W Luray St. Russell County Health Dept.</td>
<td>The Creative Curriculum for Infants, Toddlers, and Twos: Enjoying Stories and Books</td>
<td>Heidi Dreiling</td>
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<tr>
<td>8/18/15</td>
<td>6:30 PM</td>
<td>Stockton - TBA</td>
<td>The Creative Curriculum for Preschool: Block Play</td>
<td>Michele Brungardt</td>
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<tr>
<td>8/18/15</td>
<td>9:30 AM</td>
<td>Hutchinson - TBA</td>
<td>Routine Care: Sleeping, Hand Washing, and Diapering</td>
<td>Rachel Jury</td>
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<td>$15</td>
<td>$20</td>
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<tr>
<td>8/20/15</td>
<td>6:30 PM</td>
<td>Salina - Child Care Aware Office, 1508 E. Iron</td>
<td>The Creative Curriculum for Infants, Toddlers, and Twos: Planning a responsive Environment</td>
<td>April Bonilla</td>
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Professional Development Opportunities

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<tbody>
<tr>
<td>8/24/15</td>
<td>6:30 PM</td>
<td>McPherson-McPherson Fire Department, 312 E. Kansas</td>
<td>Literacy Through the Day: Writing Around the Room *FREE to McPherson County Providers</td>
<td>Debb Homman Sherron French</td>
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<td>$10</td>
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<tr>
<td>8/27/15</td>
<td>6:30 PM</td>
<td>Hays - Child Care Aware Office, 1010 Downing Ave.</td>
<td>Safe Slumber: Creating a Safe Sleep Environment</td>
<td>Brett Schmidt</td>
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<tr>
<td>8/29/15</td>
<td>9:00 AM</td>
<td>Clay Center- 820 Spellman Circle</td>
<td>Time Out! Taking Time for YOU!</td>
<td>Debb Homman</td>
<td>2</td>
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Class Descriptions

**Mealtime Mayhem: Moving from Madness to Enjoyment**
Mealtimes in child care can be maddening! Participants will explore ways to bring enjoyment back to the table while learning meal preparation and serving techniques that support family style dining.

**Protect My Smile: Arming Providers in the Battle Against Early Childhood Tooth Decay**
Did you know that tooth decay is the most common chronic childhood disease? Even more prevalent than Asthma and Juvenile Diabetes. All too often, children enter child care programs with inadequate dental health resources to prevent tooth decay. This training will arm child care providers with information on the importance of early preventative care and building strong teeth. This will include: the most effective techniques for young children to brush their teeth, healthy eating habits and activities to help make brushing fun for children. Together we will help protect their smiles.

**Socialization & Guidance: Caregiver’s Practice**
The goal of socialization and guidance in infant/toddler care is to help children feel good about themselves as they gradually learn to behave according to agreed-upon social rules. Expectations in this area must be rooted in a thorough knowledge of each child’s level of development, unique temperament, and home and cultural experiences, as well as the child’s mood of the day. The caregiver’s sensitivity to the child’s readiness and need for guidance and socialization will help the child build inner controls and self-esteem. This class will address appropriate ways to set limits for infants and toddlers and guide the development of their social skills and how to work with parents to reduce discipline problems.

**Listening and Responding to Families Needs**
One of the most respectful and affirming acts of a child care provider is that of listening to the concerns of the child’s family members and accepting the validity of their point of view. Listening and acceptance are among the caregiver’s most valuable skills. This class will focus on becoming more responsive to the needs of how our past experiences affect our present interactions with infants/toddlers and their families.

**Safe Slumber: Creating a Safe Sleep Environment**
The Safe Slumber presentation defines Sudden Infant Death Syndrome (SIDS) and Sudden Unexpected Infant Death (SUID), identifies how to create a safe sleep environment, become familiar with SIDS/SUID and what steps educators, parents and child care providers can take to reduce SIDS and SUID. Participants will discuss definitions and statistics of SIDS/SUID and address bereavement issues related to infant mortality.

**Child Abuse, Neglect and Abusive Head Trauma**
Become familiar with the different types of child abuse and neglect and what it means to be a mandated reporter. Participants will get tips on how to prevent child abuse and neglect including shaken baby syndrome.

**Basic Child Development**
Upon completion of this professional development event participants will appreciate the principles and influences of child growth and development and recognize that child development is individual. This session addresses the four domains of child development and identifies benchmarks for each area of development for birth through six years of age.

**The Creative Curriculum® for Infants, Toddlers and Twos: Exploring Sand and Water**
Teachers plan meaningful experiences by selecting materials that match children’s growing abilities and interests, by observing what children do, and by reflecting on those observations. Knowing how to engage children in a variety of experiences enables teachers to provide them with a rich array of potential learning opportunities. It is important to remember that teachers are only planning for possibilities because they must respond to momentary changes in children’s strengths, needs, and interest as well as to their general abilities. Participants learn strategies to support children’s development and learning by caring and teaching during play experiences. Participants consider ways to create an environment for each type of experience and explore ideas for sharing their knowledge about the experiences with families.
Flexible, Fearful, and Feisty

Infants come into the world with different temperament tendencies that play a major role in their behavior. The relationships that develop between infants and their caregivers, both at home and in child care, are strongly influenced by temperament. In order for every child in a group to thrive, caregivers need an understanding of temperamental differences and the flexibility to meet each child’s temperamental needs.

Literacy through the Day: Print in the Environment

Participants will explore strategies for incorporating printed material beyond the book area. Focus will be on increasing environmental print in centers and integrating it throughout the room. Participants will learn the impact environmental print has on young children’s early literacy development. They will be able to plan strategies for including it around the room.

Navigating Development: Zero to Five

If you have ever wished for a child’s user manual, this is the training for you! We will be looking at how children develop and applying brain-based research to navigate through the many obstacles of childhood. The training will be based on Zero to Five by Tracy Cutchlow.

The Creative Curriculum® for Preschool: Block Play

Blocks appeal to young children because they feel good to the touch, are symmetrical, and invite open-ended explorations. When children construct, create, and represent their experiences with blocks, they grow in all areas of development.

The Creative Curriculum® for Infants, Toddlers, and Twos: Going Outdoors

Teachers plan meaningful experiences by selecting materials that match children’s growing abilities and interests, by observing what children do, and by reflecting on those observations. Knowing how to engage children in a variety of experiences enables teachers to provide them with a rich array of potential learning opportunities. It is important to remember that teachers are only planning for possibilities because they must respond to momentary changes in children’s strengths, needs, and interests as well as to their general abilities. This workshop explores the going outdoors experience that is discussed in The Creative Curriculum. Participants learn strategies to support children’s development and learning by caring and teaching during play experiences. Participants consider ways to create an environment for this type of experience and explore ideas for sharing their knowledge about the experiences with families.

Facilitating Learning: The Role of the Caregiver and Caregiver Responsiveness

This class focuses on the role of the caregiver in facilitating intellectual growth. Participants will examine six ways they can facilitate the learning process of infants:
- providing an environment rich in materials for exploration and discovery
- allowing long blocks of uninterrupted time for play
- ensuring ample space for children to explore materials
- observing and responding to the infant’s cues and play

Time Out! Taking Time for YOU!

Time out! Do you need a mental health break? Participants will discover simple ways to give back to themselves and the importance of the R’s: re-energize, rejuvenate and restore. Participants will explore techniques for stress management and mental self care.

Literacy through the Day: Writing Around the Room

Participants will explore the rationale behind providing children with opportunities for writing in writing centers and other areas of the room. Participants will be able to select strategies for offering writing opportunities for young children in a variety of ways.

The Creative Curriculum® for Preschool: Cooking

Cooking, a natural part of every child’s life, is an ideal way to teach children lifelong healthy eating habits and to promote their knowledge, skills, and creativity. In this event, participants will have hands-on learning experience that will help teachers plan cooking experiences that maximize learning in young children.

Involving Families

Parents who are involved in their child care program are more likely to perceive their care provider as a partner in the rearing of their child. This class will focus on how participants can encourage families to become involved in their infant or toddler’s child care program. Participants will examine their own attitudes toward parent involvement, share their experiences, and consider innovative strategies for including families in the child care program.

The Creative Curriculum® for Infants, Toddlers and Twos: Enjoying Stories and Books

Teachers offer important experiences by reading books and sharing their love of stories and language. This process helps children develop a foundation for literacy. Participants will learn how to choose appropriate books for infants, toddlers and two year olds.

Routine Care: Sleeping, Hand Washing, and Diapering

Upon completion of this professional development event participants will have tools to be better prepared for hand washing, diapers and sleeping procedures within their child care settings.

The Creative Curriculum® for Infants, Toddlers, and Twos: Planning a Responsive Environment

A well-planned room for infants, toddlers or twos is a welcoming place for children and families, and a pleasant, efficient place in which to work. As children develop, teachers also use their knowledge of individual children to create schedules, plan for transitions, and complete weekly plans. Participants will also explore the ways in which they create a daily structure.
Class Registration Form

To register for Child Care Aware® Region One trainings, mail this completed form and payment to:
Child Care Aware® Region One, 1508 E. Iron Avenue, Salina, KS 67401

Name: ____________________________  Center/Business: __________________________________
Address: __________________________ Phone: _____________________________________________
Cell Phone: _________________________ Email: ___________________________________________

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<th>Course Title</th>
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☐ Quality Steps Participant  ☐ Early Childhood Wellness Participant
☐ Strengthening Families Participant  ☐ Live in County with Waived Cost

Registration and payment must be received 5 business days prior to the event.

Peer Learning Community

July 6, 2015  6:30 – 8:00 PM  Brett Schmidt  Hays Office
The Lending Library and Resource Room will be open at 5:30 for anyone wishing to check out books, materials or use the laminator or die cut machine.

August 3, 2015  6:30 – 8:00 PM  Brett Schmidt  Hays Office
The Lending Library and Resource Room will be open at 5:30 for anyone wishing to check out books, materials or use the laminator or die cut machine.

August 11, 2015  6:30 – 8:30 PM  Sherron French  McPherson Fire Dept. Conference Room
Die cuts will be available (paper is limited so bring your own construction paper). Resources and Lending Library Story Totes will be available for check out!

July 21, 2015  7:00 – 8:30 PM  Rachel Jury  Salina Office
The Lending Library and Resource Room will be open at 5:00 for anyone wishing to check out books, materials or use the laminator or die cut machine.

August 18, 2015  7:00 – 8:30 PM  Rachel Jury  Salina Office
The Lending Library and Resource Room will be open at 5:00 for anyone wishing to check out books, materials or use the laminator or die cut machine.
Brainy Benefits of Emotion, Affection and Relationships

by Brett Schmidt, Child Care Aware® of Kansas, Infant/Toddler Specialist Region One

It is critical for children to know that they are surrounded by people that accept them, want to assist them in being successful, and celebrate their accomplishments. The three pillars of love - emotion, affection and relationships - create a climate for both children and adults to learn.

By focusing on developing strong relationships with infants and toddlers, you can help them develop the skills that will have lifelong benefits. Relationships take time and work to develop, but the benefits are rewarding for all!

Being sensitive to children’s needs shows them that they are valued. Sensitivity will help them see how sympathy, empathy and proximity help in developing stronger relationships. By being aware of an infant’s reactions, it helps you create an understanding of different emotions and in turn allows you to form an appropriate strategy to soothe and support him/her.

Children’s exploration is important for their discovery, learning and problem solving skills. Simply by being present and engaged, you will assist their exploration and their excitement will increase making their experiences even more powerful.

Using loving language helps create communication with children that builds their brains and helps them learn. The benefits begin even before infancy and will continue on. Loving language is thoughtful, uses sensitive words, and celebrates their successes.

Children need support to be successful! They need you to show them how important they are. Show them that you are there, whenever they need help. Enjoy their successes, celebrate, have fun and love them!

Do you know somebody interested in becoming a child care provider? Have them call their local Child Care Resource & Referral Agency at 1-855-750-3343 for more information!
IDEA SPOT

Is your child care provider profile out of date? Call us today!
Update your profile and/or your vacancies and your name will be entered to win a Wal-Mart Gift Card! We will draw names every quarter. It’s easy to win!

In order for your name to keep going out to parents looking for child care, your profile needs to be updated by September 30, 2015. When profiles are not updated every year, Child Care Aware of Kansas cannot refer parents to your child care.

Call Megan at 1-855-750-3343, email megan@ks.childcareaware.org, or print off a blank profile on our website and mail it in.
www.ks.childcareaware.org/one

LENDING LIBRARY
HOURS
All libraries are open
Monday - Friday from 8am - 5pm
and by appointment.

ADDITIONAL HOURS:
COLBY - 1255 S. Range
Colby Community College Library
■ By appointment
■ One hour prior to trainings
HAYS - 1010 Downing, Ste. 50
■ 1st Saturday: 9am - 12pm
■ 3rd Tuesday: 5pm - 7pm
■ One hour prior to trainings
GARDEN CITY - 502 N. 7th, Ste. B2
■ By appointment
■ One hour prior to trainings
SALINA - 1508 E. Iron
■ 1st Saturday: 9am - 12pm
■ 3rd Tuesday: 5pm - 7pm
■ One hour prior to trainings

Call 1-855-750-3343 for more information or to make an appointment

The Child Care Aware Training Academy™ takes your professional development to a whole new level! The comprehensive curriculum created by early learning professionals is packed with engaging, research-based instruction that’s easy to follow. Plus, with 24/7 access, anytime can be class time!

Log on today and find out how the Child Care Aware Training Academy™ can help you advance your career!

For more information and a complete list of courses log on to www.ks.childcareaware.org or call toll-free 1-855-750-3343

Continuing Child Care Education...

Your Time.
Your Pace.
Your Future.

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Child Care Aware
OF KANSAS
PO Box 2294, Salina, KS 67401

Kansas Association of Child Care Resource and Referral Agencies d/b/a IDEa spOt