

Songs, Games, and Fingerplay Activities

The following songs and active rhymes incorporate basic exercise such as jumping high, stretching to the sky, and touching toes. These motions help young children familiarize themselves with both coordinating full body movements and following varied instructions in rapid succession

Community Friends song to the Wheels on the Bus tune

Our community friends help us stay safe (hand in fist with thumbs pointing to self)

Us stay safe, Us stay safe

Our community friends help us stay safe, all day long

The firefighter says “Stop drop and roll” (Stop: hand out in stop position; drop: bend knees, fingers touch floor; roll: roll back and forth)

Stop drop and roll, Stop drop and roll

The firefighter says stop drop and roll, all day long

The Police officer says “Let me help” (Put hand to head and act as if you were tipping a hat)

Let me help, Let me help

The Police officer says “Let me help”, all day long

Kitty in the Tree!

Beep, beep, here comes the fire truck (fingers flashing like a light)

My kitty’s up in the tree and she is stuck (pointing up)

Put your ladder way up high (walk fingers up the ladder)

Bring kitty down so she won’t cry. (rub eyes)

Beep, beep thank you, fire truck (fingers flashing again)

My kitty’s is down and she’s not stuck! (cuddle kitty)

Street Lights Game

Explain to children that red means to stop/danger, yellow means to go slow and use caution, and green means it is safe to go. Line them up on one side of the room and with one child (The Street Light) on the other side. The Street Light says red, yellow, and green to make the others walk toward the light. All the children try to make it safely to the Street Light.



Are We Ready Book Suggestions



For Community Helpers: Community Helpers from A to Z, Bobbie Kalman
Helpers in My Community, Bobbie Kalman
Whose Hat Is This?, Sharon Katz Cooper
When I Grow Up (Little Critter), Mercer Mayer
Community Helpers Then and Now, Bobbie Kalman
Let's Meet a Police Officer, Gina Bellisario
Heather Adamson's various books titled A Day in the Life of A (Doctor, Teacher, Police Officer, Fire Fighter), Heather Adamson.

For Safety: I Can Be Safe: A First Look at Safety, Pat Thomas
Emergency!, Gail Gibbons
Policeman Small, Lois Lenski; Ambulances, Carol K Lindeen
Doctor Meow's Big Emergency, Sam Lloyd
Fire Engines, Anne Rockwell
Arthur Fire Drill, Marc Brown
Fire Safety with Roy, E. Moore

For Weather: Rain or Shine- All About Weather, Scholastic
Four Seasons for Little People, Dr. Jerry Ballard
Thunder and Lightning, Wendy Pfeffer
Watching the Weather, Edana Eckart;

