

Emergency Preparedness

Resources for Teachers and Providers

Lending Library materials available for checkout

Call or visit one of our Lending Libraries to checkout materials to enhance your classroom experience free of charge! If the title you want is not in the library in your location, we can get it from one of our other locations.

Teacher Websites & Resources:

Safety Activity ideas- <http://www.brighthubeducation.com/preschool-crafts-activities/45730-safety-activities-that-teach-preschoolers-what-to-do-in-emergencies/>

Community Helper ideas- <http://www.prekinders.com/community-helpers-resources/>

Safe Kids- http://www.safekids.org/safetytips/field_age/little-kids-1%E2%80%934-years

First aid Kits

http://www.earlychildhoodnews.com/earlychildhood/article_print.aspx?ArticleId=322

<http://www.extension.org/pages/25746/first-aid-in-child-care#.VXstFUZCPBs>

<http://www.redcross.org/prepare/location/home-family/get-kit/anatomy>

Sample Go kit list-

<http://www.ready.gov/kids/educators>

http://ncchildcare.nc.gov/PDF_forms/EPR_Ready-to-Go-Kit-Checklist.pdf

<http://www.ssched.org/Health-Education>

Planning resources:

http://www.kdheks.gov/bcclr/emergency_preparedness_planning.htm

<http://www.kshb.com/news/local-news/red-cross-pillowcase-project-teaching-disaster-preparedness>

<http://emergency.cdc.gov/>

Save the Children-

http://www.savethechildren.org/site/c.8rKLIXMGIpI4E/b.8777055/k.18AB/Get_Ready_Get_Safe_Plan_Ahead.htm

Sesame Street Let's Get Ready- <http://www.sesamestreet.org/parents/topicsandactivities/toolkits/ready#5>

Multiple resource types and information-

<https://www.pinterest.com/ccaofkansas/disaster-preparedness-safety/>

<http://health.mo.gov/emergencies/readyin3/>

<http://www.fema.gov/>

<http://www.ready.gov/>



Resources for the classroom:

- **Community Partner** theme kits
- **Health and safety** theme kits
- Play **weather** theme kits
- **Doctor/nurse** theme kits
- **Active play** materials such as:
 - Large boxes to make emergency vehicles (ambulance, fire truck, police car)
 - Binoculars, hand held radios, cell phones
 - Hats, water hose, step ladders
 - Stop signs, street signal
 - Large hollow boxes or blocks to make buildings
 - Balance beams



- **Books for children** such as:

For Community Helpers:

- Community Helpers from A to Z, Bobbie Kalman
- Helpers in My Community, Bobbie Kalman
- Whose Hat Is This?, Sharon Katz Cooper
- When I Grow Up (Little Critter), Mercer Mayer
- Community Helpers Then and Now, Bobbie Kalman
- Let's Meet a Police Officer, Gina Bellisario
- Heather Adamson's various books titled A Day in the Life of A (Doctor, Teacher, Police Officer, Fire Fighter), Heather Adamson.

For Safety:

- I Can Be Safe: A First Look at Safety, Pat Thomas
- Emergency!, Gail Gibbons
- Policeman Small, Lois Lenski;
- Ambulances, Carol K Lindeen
- Doctor Meow's Big Emergency, Sam Lloyd
- Fire Engines, Anne Rockwell
- Arthur Fire Drill, Marc Brown
- Fire Safety with Roy, E. Moore

For Weather:

- Rain or Shine- All About Weather, Scholastic
- Four Seasons for Little People, Dr. Jerry Ballard
- Thunder and Lightning, Wendy Pfeffer
- Watching the Weather, Edana Eckart;



Suggested Follow-Up Activities

- Create a “clinic” in the dramatic play area with doctor and nurse dress ups, a doctor kit, band-aids, ace bandages, slings, etc. (ask parents to donate materials like this that they may have at home). Children can pretend to conduct health checks on animals and dolls in the classroom
 - Extend literacy activities into the “clinic” by having health forms that children can write “symptoms” on. Create labels on a doll with parts of the body such as “foot”, “ear”, “hand”, “tummy”, etc. so children can practice writing these words on the health forms
 - Extend science activities into the “clinic” by hanging pictures of the human body (such as eyes, ears, skeletons, muscles, x-rays, etc.) and talking to the children about the pictures
- Invite a parent (or community member) who is a doctor, nurse, police officer, fire fighter or emergency responder to visit the program and answer children’s questions
- Create a “Go Kit” in the dramatic play area with play food, medical supplies, flash lights, diapers, clothing, phones, walkie talkies, and cash or play money, etc.
 - Extend literacy activities into the dramatic play area by offering pads of paper and pencils for children to make out their own supply lists. Talk about the supplies they may need as they create their lists
 - Extend math activities into the area by helping children count out their money. Count children in the area and have them determine how many of each item they may need in their Go Kit. Help children practice writing and naming numbers
 - Extend science into the dramatic play area by including photos and books with pictures of different types of weather.
- Hang pictures of different types of weather or community helpers near the painting easel to inspire children as they paint
- Discuss the roles of community partners while children play with blocks. Asking questions such as, “Who makes sure your building is safe?”, or “Who keeps the zoo animals safe and healthy?”

Videos and Other Resources <http://www.sesamestreet.org>



Songs, Games, and Fingerplay Activities

The following songs and active rhymes incorporate basic exercise such as jumping high, stretching to the sky, and touching toes. These motions help young children familiarize themselves with both coordinating full body movements and following varied instructions in rapid succession

Community Friends song to the Wheels on the Bus tune

Our community friends help us stay safe, us stay safe, us stay safe (hand in fist with thumbs pointing to self)

Our community friends help us stay safe, all day long (Reach arms up to touch the sun)

The firefighter says "Stop drop and roll", "Stop drop and roll", "Stop drop and roll" (Stop: hand out in stop position; drop: bend knees, fingers touch floor; roll: roll back and forth)

The firefighter says "stop drop and roll", all day long (stand back up)

The Police officer says "Let me help", "Let me help", "Let me help" (Put hand to head as if you were tipping a hat)

The Police officer says "Let me help", all day long (take hat off and bow)

Kitty in the Tree!

Beep, beep, here comes the fire truck (fingers flashing like a light)

My kitty's in the tree and she is stuck (pointing up)

Put your ladder way up high (walk fingers up the ladder)

Bring kitty down and wave bye, bye. (wave)

Beep, beep thank you, fire truck (fingers flashing again)

My kitty's in my arms and she's not stuck! (cuddle kitty)

Fire Fighter Game

Fire Fighter, Fire Fighter hear the alarm

Save the building from any harm.

Fire fighter, Firefighter no time to rest

Wake up, Wake up do your Best!

Sit all children in a circle; have them put their hands behind their backs. Place one in the middle to be the firefighter and pretend to be a sleep. Have children recite poem and place a bell in one's hands; they ring it and return it to you. When the poem is done, the firefighter guesses who rang the bell. And then it is their turn to be the firefighter.

Street Lights Game

Explain to children that red means to stop/danger, yellow means to go slow and use caution, and green means it is safe to go. Line them up on one side of the room and with one child (The Street Light) on the other side. The Street Light says red, yellow, and green to make the others walk toward the light. All the children try to make it safely to the Street Light.