



# Shawnee County

## Parent Resource Sheet

### Average Cost of Child Care

Age Group	Family Child Care	Child Care Center	School Age Program Day Shift	Preschool
	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Part-Time Rates Average Cost (\$)	Weekly, Part-Time Rates Average Cost (\$)
Under 1 year	136.00	210.00		
12-17 Months	135.00	178.00		
18-23 Months	122.00	176.00		
2 Years	121.00	169.00		
3 Years	119.00	154.00		152.00
4 Years	118.00	152.00		160.00
5 Years	114.00	151.00	35.00	
6 Years and Older	110.00	134.00	53.00	

### Parenting Information

Resource	Contact Information	Services
Free Parent Texting Information	Text KSKIDS to 59925	Information at your fingertips about child development, activities, and more
Parents as Teachers (PAT)	(785) 271-3662 <a href="http://www2.topekapublicschools.net/parents-as-teachers/">http://www2.topekapublicschools.net/parents-as-teachers/</a>	Early education program for parents of children prenatal to 3 years old
Infant-Toddler Services (Tiny K)	(785) 232-0597 <a href="http://www.tarcinc.org">www.tarcinc.org</a>	Services for families who have children with developmental delays
Head Start	(620) 276-3232 <a href="http://www.kcsl.org">www.kcsl.org</a>	Early childhood education program serving income eligible families
Parenting Education	(785) 272-0878 <a href="http://www.unitedwaytopeka.org">www.unitedwaytopeka.org</a>	Connects parents with community resources that can make them more successful parents
Mental Health Services	(785) 233-1730 <a href="http://www.valeotopeka.org">www.valeotopeka.org</a>	Services from individual therapy to medication assessment and management

Toll Free: 855-750-3343 · Toll Free Referral Center: 877-678-2548  
For additional resources visit [www.ks.childcareaware.org](http://www.ks.childcareaware.org)





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## Community Resource Sheets

### Local Community Services

Resource	Contact Information	Services
Department for Children and Families Services	785-296-2500 www.dcf.ks.gov	Child care assistance, child support enforcement, food assistance, health services
Shawnee County Health Department	(785) 251-2000	Home health, child care licensing, immunizations, Kan-Be-Healthy, Women, Infants & Children (W.I.C.)
K-State Research & Extension Office (Local Agent)	(785) 232-0062 www.ksre.ksu.edu	Nutrition education, youth development, family financial planning, family life
American Red Cross of Capital Area (Local Chapter)	(785) 234-0568 www.redcross.org	Community services that help the families in need
Topeka and Shawnee County Public Library	(785) 580-4555 www.tscpl.org	Books, classes, community information, internet access, children's programs, adult programs
Greater Topeka Chamber of Commerce	(785) 234-2644 topekachamber.org	Community contacts promote and improve the business climate
Shawnee County Emergency Management	(785) 251-4152 www.snco.us	Provides information to plan for a disaster/emergency
St Francis Health	(785) 295-8000 www.stfrancistopeka.org	Resource for health care needs, cancer care, emergency care, laboratory, maternity and obstetrics, rehabilitation and surgical

### State/National Services

Resource	Contact Information	Services
KanCare	(866) 305-5147 www.kancare.ks.gov	Low cost or no cost health insurance for families and children
United Way 2-1-1 of Kansas	Call 2-1-1 www.211kansas.org	Food pantries, counseling, mentoring, after-school programs, disability services and much more
Parent Help Line	(800) 244-5373	A 24-hour help line for parents in stress or in need of other services
Child Abuse & Neglect Hotline	(800) 922-5330	If you suspect a child is being abused or neglected
National Center for Homeless Education	(785) 296-6714	Guidance is provided to families, and communities who need information regarding students are in homeless situations



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