



# Graham County

## Parent Resource Sheet

### Average Cost of Child Care

Age Group	Family Child Care	Child Care Center	School Age Program Day Shift	Preschool
	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Part-Time Rates Average Cost (\$)	Weekly, Part-Time Rates Average Cost (\$)
Under 1 year	103.00			
12-17 Months	103.00			
18-23 Months	98.00			
2 Years	98.00			
3 Years	98.00			
4 Years	98.00			
5 Years	98.00			
6 Years and Older	98.00			

### Parenting Information

Resource	Contact Information	Services
Free Parent Texting Information	Text KSKIDS to 59925	Information at your fingertips about child development, activities, and more
Parents as Teachers	(785) 672-3125 x186 www.nkesc.org	Early education program for parents of children prenatal to 3 years old
Infant-Toddler Services (Tiny-K)	(785) 672-3125 x111 www.nkesc.org	Services for families who have children with developmental delays
Head Start	(785) 421-3340 www.nkesc.org	Early childhood education program serving income eligible families
Screening Services	(785) 672-3125 www.nkesc.org	Screenings to identify delays during normal development
Mental Health Services	(785) 628-2871 www.highplainsmentalhealth.com	Services from individual therapy to medication assessment and management

Toll Free: 855-750-3343 · Toll Free Referral Center: 877-678-2548

For additional resources visit [www.ks.childcareaware.org](http://www.ks.childcareaware.org)





# Graham County

## Community Resource Sheets

### Local Community Services

Resource	Contact Information	Services
Department for Children and Families Services	(785) 543-5258 www.dcf.ks.gov	Child care assistance, child support enforcement, food assistance, health services
Health Department	(785) 421-3326 www.kdheks.gov	Home health, child care licensing, immunizations, Kan-Be-Healthy, Women, Infants & Children (W.I.C.)
K-State Research & Extension Office (Local Agent)	(785) 421-3411 www.ksre.ksu.edu	Nutrition education, youth development, family financial planning, family life.
American Red Cross	www.redcross.org	Community services that help the families in need
Graham County Public Library	(785) 421-2722 www.ghcpublib.org	Books, classes, community information, internet access, children's programs, adult programs
Hill City Chamber of Commerce	(785) 421-5621 www.discoverhillcity.com	Community contacts promote and improve the business climate
Graham County Emergency Preparedness	(785)421-3455 www.grahamcountyks.com	Provides information to plan for a disaster/emergency
Graham County Hospital	(785) 421-2121 www.grahamcountyhospital.org	Resource for health care needs, cancer care, emergency care, laboratory, maternity and obstetrics, rehabilitation and surgical

### State/National Services

Resource	Contact Information	Services
KanCare	www.kancare.ks.gov	Low cost or no cost health insurance for families and children
United Way 2-1-1 of Kansas	Call 2-1-1 www.211kansas.org	Food pantries, counseling, mentoring, after-school programs, disability services and much more
Parent Help Line	(800) 244-5373	A 24-hour help line for parents in stress or in need of other services
Child Abuse & Neglect Hotline	(800) 922-5330	If you suspect a child is being abused or neglected
National Center for Homeless Education	http://bit.ly/2spPMQ5 (785) 296-6714	Guidance is provided to families, and communities who need information regarding students are in homeless situations



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