Teachable moments are not something that you can plan. They happen with children at all ages, all the time. They can be thought of as a quick moment in time when child's interest in a subject is at its highest, usually because they are curious. What does a teachable moment look like? It's different for each age group and for each child. Below are just a few examples to inspire a teachable moment:

INFANTS:
- Talk to children when changing their diapers - repeat sounds and words.
- Encourage children to explore toys in a variety of ways - ask questions such as: What toys make sounds? Tell me how they feel?

TODDLERS:
- Turn everyday routines into learning moments - use meal times as a good time to talk about hot and cold and where food comes from.
- Talk to children as they are playing with toys - ask about the color and shape of the toys.

PRESCHOOLERS:
- Sit down with children while they are playing - count toys or discuss what letter items start with.
- If your curious preschooler finds a bug on the floor - use this time to explore and learn more about bugs.

To help families in your child care program extend child care experience into their home check out this information, Bringing it Home.

Funded by: