FAMILY FOCUS

Fun Fall Family Activities Checklist

HAVE FUN OUTDOORS

- Go apple picking
- Get lost in a corn maze
- Play a game of two hand touch football
- Go for a hike
- Go for a hayride
- Collect colorful fall leaves
- Plant bulbs in your garden for next spring
- Run a race
- Make a pinecone bird feeder
- Borrow a book from the library
- Jump in a pile of leaves
- Bake an apple or pumpkin pie
- Drink hot spiced cider
- Roast vegetables for a tasty side dish
- Eat a slice of warm pumpkin bread
- Make a big batch of chili

CELEBRATE THE HOLIDAYS

- Decorate your own pumpkin
- Make a Halloween costume
- Throw a Halloween party
- Host a potluck Thanksgiving dinner

TAKE A WALK TOGETHER

- Breathe in the cool, crisp air
- Listen to the sound of leaves crunching under your feet
- Watch geese flying south for the winter
- Collect pinecones and display them in a glass bowl
- Attend a fall festival

Adapted from: http://www.realsimple.com/work-life/entertainment/fall-activities-00100000084199/

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855-750-3343

Resources online at  
www.ks.childcareaware.org