



Shawnee County

Parent Resource Sheet

Average Cost of Child Care

Age Group	Family Child Care	Child Care Center	School Age Program Day Shift	Preschool
	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Full-Time Rates Average Cost (\$)	Weekly, Part-Time Rates Average Cost (\$)	Monthly, Part-Time Rates Average Cost (\$)
Under 1 year	141.00	211.00		
12-17 Months	140.00	185.00		
18-23 Months	127.00	181.00		
2 Years	124.00	174.00		
3 Years	122.00	158.00		163.00
4 Years	122.00	157.00		173.00
5 Years	118.00	157.00	28.00	182.00
6 Years and Older	114.00	139.00	39.00	

Parenting Information

Resource	Contact Information	Services
Free Parent Texting Information	Text KSKIDS to 59925	Information at your fingertips about child development, activities, and more
Parents as Teachers (PAT)	(785) 274-6480 https://sites.google.com/a/tps501.org/topeka-parents-as-teachers	Early education program for parents of children prenatal to 3 years old
Infant-Toddler Services (Tiny K)	(785) 232-0597 www.tarcinc.org	Services for families who have children with developmental delays
Head Start (included both Community Action and Sheldon)	Sheldon Head Start www.topekapublicschools.net/sheldon (785) 438-4530 Community Action Head Start www.wefightpoverty.org/head-start-early-head-start (785) 266-0245 (785) 273-4804 www.unitedwaytopeka.org	Early childhood education program serving income eligible families
Parenting Education	(785) 273-4804 www.unitedwaytopeka.org	Connects parents with community resources that can make them more successful parents
Mental Health Services	(785) 234-3300 www.valeotopeka.org	Services from individual therapy to medication assessment and management



Toll Free: 855-750-3343 · Toll Free Referral Center: 877-678-2548
For additional resources visit www.ks.childcareaware.org



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Community Resource Sheets

Resource	Contact Information	Services
Department for Children and Families Services	785-296-2500 www.dcf.ks.gov (785) 251-5600	Child care assistance, child support enforcement, food assistance, health services
Health Department		Home health, child care licensing, immunizations, Kan-Be-Healthy, Women, Infants & Children (W.I.C.)
K-State Research & Extension Office (Local Agent)	(785) 232-0062 www.ksre.ksu.edu	Nutrition education, youth development, family financial planning, family life
American Red Cross of Capital Area (Local Chapter)	(785) 234-0568 www.redcross.org	Community services that help the families in need
Topeka and Shawnee County Public Library	(785) 580-4400 www.tscpl.org	Books, classes, community information, internet access, children's programs, adult programs
Greater Topeka Chamber of Commerce	(785) 234-2644 topekachamber.org	Community contacts promote and improve the business climate
Shawnee County Emergency Management	(785) 251-4040 www.snco.us	Provides information to plan for a disaster/emergency
St Francis Health	(785) 295-8000 www.stfrancistopeka.org	Resource for health care needs, cancer care, emergency care, laboratory, maternity and obstetrics, rehabilitation and surgical
Kansas Special Health Care Needs	(620) 231-5411	Promotes the functional skills of persons, who have or are at risk for a disability or chronic disease.

State/National Services

Resource	Contact Information	Services
KanCare	(866) 305-5147 www.kancare.ks.gov	Low cost or no cost health insurance for families and children
United Way 2-1-1 of Kansas	Call 2-1-1 www.211kansas.org	Food pantries, counseling, mentoring, after-school programs, disability services and much more
Parent Help Line	(800) 244-5373	A 24-hour help line for parents in stress or in need of other services
Child Abuse & Neglect Hotline	(800) 922-5330	If you suspect a child is being abused or neglected
National Center for Homeless Education	(785) 296-6714	Guidance is provided to families, and communities who need information regarding students are in homeless situations

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